

# Heat Moisture Exchanger For Humidification

Your Z1 includes complimentary Heat Moisture Exchangers (HME) to provide humidification during therapy. HME technology has been in use for over 50 years and is now available for your Z1.

The hygienic, disposable HME works by capturing heat and moisture as you exhale and provides it back to you as you breathe. The HME does not use any electricity or complex moving parts and avoids the problems encountered with electrical humidification systems.

HME's are designed for single night use and should be replaced with each use. Additional HMEs may be purchased directly from Human Design Medical at (855) 436-8724 [(855) HDM-USA4] or by visiting [www.hdmusa.com](http://www.hdmusa.com).

## Installation

To install a Heat Moisture Exchanger for therapeutic use, connect the large diameter end of the HME to your mask and the smaller diameter end to your CPAP Tube. Be sure both connections are fully seated and secure. Your HME is now ready for use.

When you have finished therapy, please be sure to dispose of the used HME.

Manufactured for Human Design Medical, LLC

Reorder No. HD60-2100

Mfg. No. MC-775NF

